

S A M E N A

• SWIM & RECREATION CLUB •

OUTDOOR POOL

September 1 - 30 All Schedules Subject to change.							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 10:00	Adult Lap 5:00 - 10:00					Pool Closed	
	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 7:45	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 7:45	Masters 5:45 - 6:45	Adult Lap Swim 7:00 - 11:00	Adult Lap Swim 9:00 - 11:00
10:00 - 12:15	Pool Closed						
12:15 - 1:45	Lap Swim					Family Swim + Diving Board Lap Swim 2 Lanes 11:00 - 6:00 Wading Pool 11:00 - 6:00 Weather Permitting	
1:45 - 4:00	Family Swim + 2 Lap Lanes						
4:30 - 5:00	1 Lap Lane + Pre-Comp 2 Lanes + Swim Team 2 Lanes						
5:00 - 7:00	Family Swim + 1 Lap Lane + Swim Team 2 Lanes						
7:00 - 10:00	Pool Closed / Aquatic Team Programs						
October 1 - December 31 All Schedules Subject to change.							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 10:00	Adult Lap 5:00 - 10:00					Pool Closed	
	Masters 5:45 - 6:45	Swim-4-Tri 6:45 - 7:45	Masters 5:45 - 6:45	Swim-4-Tri 6:45 - 7:45	Masters 5:45 - 6:45	Adult Lap Swim 7:00 - 11:00	Adult Lap Swim 9:00 - 11:00
10:00 - 12:15	Pool Closed					Lap Swim 11:00 - 2:00	Lap Swim 11:00 - 2:00
12:15 - 2:00	Lap Swim						
2:00 - 4:00	Pool Closed					Pool Closed	
4:00 - 5:30	2 Lap Lanes + Pre-Comp 2 Lanes + Swim Team 2 Lanes (4:30 - 5:30)						
5:30 - 7:00	3 Lap Lanes + Swim Team 3 Lanes						
7:00 - 10:00	Pool Closed / Aquatic Team Programs						

Watch out for the **WIBIT!**

This floating obstacle course is fun for the entire family! Check the schedule for your next opportunity to take the Wibit Challenge. **On your mark, get set... have fun!**

Family Wibit Day

Day: Saturday

Dates: September 2,
October 7, November 11

Time: 1:00 - 3:00pm

Family Wibit Day

Day: Sunday

Date: December 3

Time: 1:00 - 3:00pm

Family Wibit Day

Day: Friday

Date: September 22
Time: 7:00 - 8:00pm

Teen Wibit Day

Day: Friday

Dates: October 20,
December 22

Time: 7:00 - 8:00pm

INDOOR POOL

September 1 - December 31							
All Schedules Subject to change.							
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 - 9:00	Adult Lap Swim / Ageless H ² O 7:45 - 8:30 M/W/F (3 Lanes)					Pool Closed	
						Adult Lap Swim 7:00 - 11:00	Adult Lap Swim 9:00 - 11:00
9:00 - 11:00	Family Swim + Lap Swim	Swim Lessons + Family Swim + 1 Lap Lane + Deep H ² O 9:15-10:15	Family Swim + Lap Lane	Swim Lessons + Family Swim + 1 Lap Lane + Deep H ² O 9:15-10:15	Family Swim + Lap Swim	Adult Lesson + Adult Lap 9:00 - 10:00 Lap Swim 10:00 - 11:00 Swim Lessons 10:00 - 11:00	
11:00 - 12:00	Preschool Swim Lessons + Family Swim + 1 Lap Lane					Family Swim + 2 Lap Lanes 11:00 - 9:00 pm	
12:00 - 1:00	Adult Lap Swim						
1:00 - 3:30	Family Swim + Lap Swim	Swim Lessons + Family Swim + 1 Lap Lane	Family Swim + 1 Lap Swim	Swim Lessons + Family Swim + 1 Lap Lane	Family Swim + Lap Swim		
3:30 - 4:00	Preschool Swim Lessons + Family Swim + 1 Lap Lane					Family Swim + 1 Lap Lane + Adapted Lessons 3:30 - 5:30	
4:00 - 8:00	Swim Lessons + Swim Team + Family Swim + 1 Lap Lane NO LAP 5:30 - 6:15 NO FAMILY 6:15 - 7:00	Swim Lessons + Swim Team + Family Swim + 1 Lap Lane NO LAP 5:30 - 6:15 NO FAMILY 6:15 - 7:00 Evening H ² O 7:00 - 7:45	Swim Lessons + Swim Team + Family Swim + 1 Lap Lane NO FAMILY 5:30-6:15 NO LAP 6:15 - 7:00	Swim Lessons + Swim Team + Family Swim + 1 Lap Lane NO FAMILY 5:30 - 6:15 NO LAP 6:15 - 7:00 Evening H ² O 7:00 - 7:45	Family Swim + 1 Lap Lane + Adapted Lessons 3:30 - 5:30		
8:00 - 9:00	Family Swim + Lap Swim					Family Swim + 2 Lap Lanes 11:00 - 9:00 pm	
9:00 - 10:00	Adult Lap Swim						

For most up to date pool schedule please check www.samena.com

Lap swim is for anyone who is lap swimming, water walking, or doing vertical exercise.

Labor Day, 9/4/17, will follow Saturday Schedule + evening swim lessons

The Indoor Pool will be closed for maintenance Friday, December 22nd - Sunday, December 24th.