

## Outdoor Pool Schedules

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
September 1 - 30	5:00 - 10:00	Adult Lap 5:00 - 10:00					Pool Closed		
		Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 6:45	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 6:45	Masters 5:45 - 6:45	Adult Lap Swim 7:00 - 11:00	Adult Lap Swim 9:00 - 11:00	
	10:00 - 12:15	Pool Closed					Family Swim + Diving Board Lap Swim 2 Lanes 11:00 - 6:00 Wading Pool* 11:00 - 6:00 <i>*Weather Permitting</i>		
	12:15 - 1:45	Lap Swim							
	1:45 - 4:00	Family Swim + 2 Lap Lanes							
	4:00 - 5:00	1 Lap Lane + Pre-Comp 2 Lanes + Swim Team 3 Lanes							
	5:00 - 7:00	Family Swim + 1 Lap Lane + Swim Team 2 Lanes							
	7:00 - 10:00	Pool Closed / Aquatic Team Programs							

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
October 1 - December 31	5:00 - 10:00	Adult Lap 5:00 - 10:00					Pool Closed		
		Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 6:45	Masters 5:45 - 6:45	Swim-4-Tri 5:45 - 6:45	Masters 5:45 - 6:45	Adult Lap Swim 7:00 - 11:00	Adult Lap Swim 9:00 - 11:00	
	10:00 - 12:15	Pool Closed					Lap Swim 11:00 - 2:00	Lap Swim 11:00 - 2:00	
	12:15 - 2:00	Lap Swim					Pool Closed		
	2:00 - 4:00	Pool Closed							
	4:00 - 5:30	2 Lap Lanes + Pre-Comp 2 Lanes + Swim Team 2 Lanes (4:30 - 5:30)							
	5:30 - 7:00	3 Lap Lanes + Swim Team 3 Lanes							
	7:00 - 10:00	Pool Closed / Aquatic Team Programs							

**ALL SCHEDULES SUBJECT TO CHANGE**

For most up to date pool schedule please check [www.samena.com](http://www.samena.com)

Lap swim is for anyone who is lap swimming, water walking, or doing vertical exercise.

Labor Day, 9/3/18, will follow Saturday Schedule

# Indoor Pool Schedule

	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
September 3 - December 31	5:00 - 9:00	Adult Lap Swim / Ageless H2O 7:45 - 8:30 M/W/F (3 Lanes)					Pool Closed			
	9:00 - 11:00	Family Swim + Lap Swim	Swim Lessons + Family Swim + 1 Lap Lane + Deep H2O 9:15-10:15	Family Swim + Lap Lane	Swim Lessons + Family Swim + 1 Lap Lane + Deep H2O 9:15-10:15	Family Swim + Lap Swim	Adult Lessons + Adult Lap 9:00 - 10:00 Lap Swim 10:00 - 11:00 Swim Lessons 10:00 - 12:00	Adult Lap Swim 9:00 - 11:00		
	11:00 - 12:00	Preschool Swim Lessons + Family Swim + 1 Lap Lane					Family Swim + 2 Lap Lane 11:00 - 9:00 pm			
	12:00 - 1:00	Adult Lap Swim								
	1:00 - 3:30	Family Swim + Lap Swim	Swim Lessons + Family Swim + 1 Lap Lane	Family Swim + Lap Swim	Swim Lessons + Family Swim + 1 Lap Lane	Family Swim + Lap Swim + Adaptive Lessons 3:30 - 5:30				
	3:30 - 4:00	Preschool Swim Lessons + Family Swim + 1 Lap Lane								
	4:00 - 8:00	Swim Lessons + Swim Team + Family Swim + 1 Lap Lane NO LAP 5:30 - 6:15 NO FAMILY 6:15 - 7:00	Swim Lessons + Swim Team + Family Swim + 1 Lap Lane NO LAP 5:30 - 6:15 NO FAMILY 6:15 - 7:00 Evening H2O 7:00 - 7:45	Swim Lessons + Swim Team + Family Swim + 1 Lap Lane NO FAMILY 5:30 - 6:15 NO LAP 6:15 - 7:00	Swim Lessons + Swim Team + Family Swim + 1 Lap Lane NO FAMILY 5:30 - 6:15 NO LAP 6:15 - 7:00 Evening H2O 7:00 - 7:45					
	8:00 - 9:00	Family Swim + Lap Swim								
	9:00 - 10:00	Adult Lap Swim								

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